

# Helping Yourself

October 11-12, 2008

Step 1: \_\_\_\_\_ you have a \_\_\_\_\_.

<sup>8</sup>If we say we have no sin, we deceive ourselves, and the truth is not in us. <sup>9</sup>If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:8-9

Thomas said to him, "Lord, we do not know where you are going. How can we know the way?" John 14:5

Step 2: Get \_\_\_\_\_.

<sup>24</sup>Wretched man that I am! Who will deliver me from this body of death?

<sup>25</sup>Thanks be to God through Jesus Christ our Lord! Romans 7:24-25a

Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me. John 14:6

Step 3: Get More \_\_\_\_\_.

- Find a prayer \_\_\_\_\_.

For this reason I bow my knees before the Father Ephesians 3:14

- Grow \_\_\_\_\_.

<sup>17</sup>so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, <sup>18</sup>may have strength to comprehend with all the saints what is the breadth and length and height and depth, <sup>19</sup>and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God. Ephesians 3:17-19

<sup>1</sup>Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; <sup>2</sup>but his delight is in the law of the Lord, and on His law he meditates day and night. <sup>3</sup>He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. Psalms 1:1-3

Name:

Cornerstone Small Group Leader:

Date:

- Get an accountability \_\_\_\_\_.  
And David sent and inquired about the woman. And one said, "Is not this Bathsheba, the daughter of Eliam, the wife of Uriah the Hittite?" 2 Samuel 11:3
- Stay \_\_\_\_\_.  
<sup>24</sup> And let us consider how to stir up one another to love and good works, <sup>25</sup> not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near. Hebrews 10:24-25  
  
<sup>24b</sup> But God has so composed the body, giving greater honor to the part that lacked it, <sup>25</sup> that there may be no division in the body, but that the members may have the same care for one another. <sup>26</sup> If one member suffers, all suffer together; if one member is honored, all rejoice together. <sup>27</sup> Now you are the body of Christ and individually members of it. 1 Corinthians 12:24-27